



SAILING INSTRUCTIONS

Flying Scot®

Atlantic Coast Championship



September 23 – 24th, 2023

Hosted by Lavallette Yacht Club

124 Swan Point Road
Lavallette, NJ 08735
732-793-8747

Organizing Authorities: Flying Scot® Sailing Association (FSSA) and Lavallette Yacht Club (LYC)

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2. US Sailing Prescriptions to RRS 63.2 will not apply.
- 1.3. Participants agree to abide by the RRS and all other rules that govern this event and the host club.
Payment of the Entry Fee acknowledges agreement and consent to this rule.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located on the back deck of the clubhouse.
- 2.2. As a courtesy, the Race Committee (RC) will use VHF Channel 68 to provide information to competitors.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any written changes to the Sailing Instructions (SI's) will be posted before 0900 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect.
- 3.2. To announce an oral change on the water, the Signal Boat shall display Code Flag "L" over "A" with one sound signal and attempt to hail competitors on VHF Channel 68. Competitors who do not hear the communication over VHF radio are to sail near the Signal Boat to receive the instructions. Failure of the Race Committee to hail or failure of the competitor to hear the hail will not be grounds for redress. This changes RRS 60.1, 62.1(a) and 63.1.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flagpole located south of the club house.
- 4.2. When Flag AP is displayed ashore, "one minute" is replaced with "not less than 30 minutes" in the Race Signal AP. This changes "Race Signals".

5. SCHEDULE OF RACES

- 5.1. One race will constitute a regatta. A maximum of five races are scheduled.
- 5.2. Up to three races may be held each day.

Saturday, Sept. 23	Competitors' Meeting	0930
" " "	First Warning Signal of the day	1130
Sunday, Sept. 24	Competitors' Meeting	0830
Sunday, Sept. 24	First Warning Signal of the day	1000
" " "	No Warning Signal after this time	1400

6. CLASS FLAGS

6.1. The Class flag for the Championship and Challenger Divisions will be Code Flag "F".

7. RACING AREA

7.1. The racing area will be Barnegat Bay west of LYC.

8. THE COURSES

8.1. The courses to be sailed are Windward-Leeward as illustrated in Addendum 1.

8.2. There will be an offset mark at the windward mark.

8.3. There will be a leeward gate. Boats shall sail between the gate marks in the direction from the previous mark and round either mark. If a gate mark is missing, the remaining mark shall be rounded to port.

8.4. Except for the leeward gate, all marks shall be rounded to port.

8.5. The course designation will be displayed from the transom of the RC signal vessel.

9. MARKS

9.1. The windward mark and gate marks will be yellow tetrahedrons.

9.2. Change marks will be orange tetrahedrons. If the course is changed again, the original marks will be used.

9.3. The offset mark will be a red ball.

9.4. The starting mark will be an orange inflatable mark

9.5. The finishing mark will be an (up wind finish) Red Ball; (Downwind finish) Orange inflatable

9.6. The Course may be adjusted up to 10 degrees or + or - 10% in length without signaling a course change or *changing to a change mark*

10. SAFETY CHECK-IN

10.1. Prior to the first warning signal each day, competitors shall sail past the stern of the signal boat on starboard tack and hail their sail number until acknowledged by the RC. Only the RC may protest alleged breaches of this sailing instruction. Each time a boat breaks this sailing instruction, it will be posted on the Official Notice Board. The second time that a boat breaks this sailing instruction; the penalty may be applied to the first race of the day and shall be 20% of the score for DNS, rounded to the nearest whole number (0.5 rounded upward). This changes RRS 60.1 and 60.3.

11. THE START

11.1. The starting line will be between a staff displaying an orange flag on an RC signal vessel at the starboard end, and an inflatable mark at the port end.

11.2. As a courtesy, the RC may, after the starting signal, hail the sail numbers of OCS boats via VHF radio. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1(a).

11.3. A boat that does not start within four (4) minutes after her Division's starting signal will be scored DNS without a hearing. This changes RRS 63.1 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1. No course will be shortened to fewer than two windward legs, the second of which will be at least as long as the first.

12.2. A Course change of up to 10% may be done without signaling a course change.

13. THE FINISH

13.1. The finish will be between a staff displaying a blue flag on an RC vessel and the finish pin

14. PENALTY SYSTEM

14.1. RRS Appendix V, Alternative Penalties, Rules V1 and V2 will be in effect,

15. TIME LIMITS

15.1. The following time limits apply independently for each Division:

15.1.1. The time limit for the first boat to pass the first mark will be 30 minutes, and for the first boat to sail the course and finish will be 90 minutes.

15.1.2. If either of these limits is not met, the race will be abandoned.

15.1.3. Boats failing to finish within 15 minutes of the first boat to sail the course and finish in each Division will be scored Time Limit Expired (TLE) as described in the SCORING section below. This changes RRS 35 and A11.

16. PROTESTS, REDRESS & DIVISION ASSIGNMENTS

16.1. Protests: Protest forms will be available inside the clubhouse and shall be filed within 30 minutes of the RC signal vessel docking time, which will be posted on the official notice board. The order of protests will be posted within 15 minutes of the end of the protest time. Protests will be held inside the clubhouse approximately in the order received.

16.2. Redress Request: If the RC posts a list of boats scored OCS, ZFP, UFD, or BFD on the official notice board, a request for redress shall be made no later than 30 minutes after posting or the protest time limit, whichever is later. This changes RRS 62.2.

16.3. On the last day of racing, a request for reopening a hearing or a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2 and 66.

17. SCORING

17.1. The Low Point System of Appendix A of the RRS will apply with the following modifications:

17.1.1. One completed race by each Division constitutes a regatta for that Division.

17.1.2. No scores will be excluded.

17.1.3. A boat scored TLE will be awarded points two greater than the last boat in that Division to sail the course and finish within the time limit window. This changes RRS 35, A4, A4.2, A5 and A11.

18. SAFETY REGULATIONS

18.1 A boat that retires from a race shall notify the RC as soon as possible.

19. SUPPORT BOATS

19.1 A competitor shall not use support or spectator personnel or their equipment, including tow boats, while away from the dock unless they have been pre-approved by the Protest Committee, RC, or made available to all competitors by an Organizing Authority.

20. RADIO COMMUNICATION

20.1 The Race committee radio Chanel is 68. Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race, or to report a protest or penalty taken.

21. PRIZES

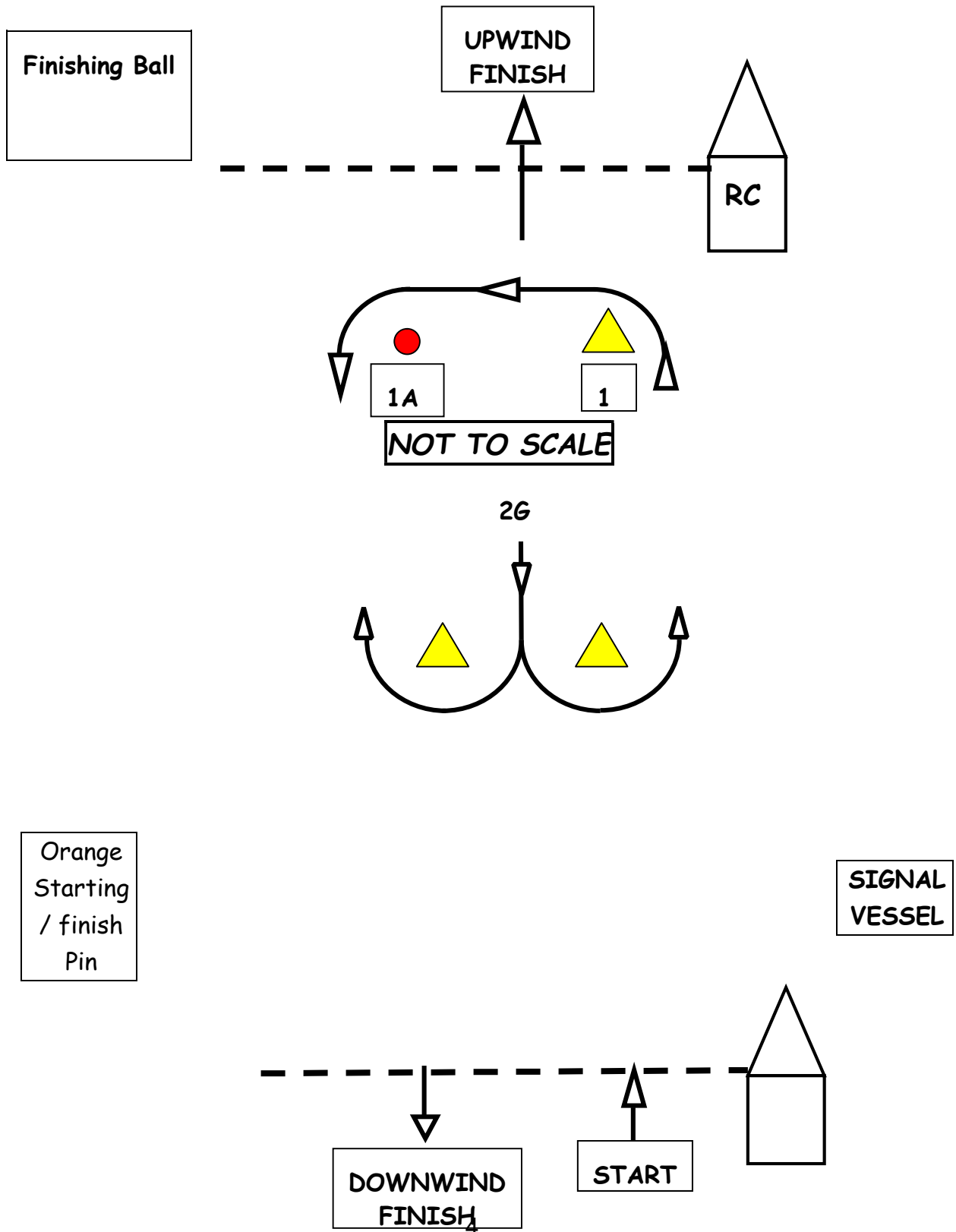
21.1 Trophies will be awarded according to the Notice of Race.

22. DISCLAIMER OF LIABILITY

22.1 Competitors participate in this regatta and the related events entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authorities will not accept any liability for material damage, personal injury or death sustained in conjunction with. prior to, during or after the regatta.

ADDENDUM 1

WINDWARD-LEEWARD COURSE DIAGRAM



COURSE 3: START-1-1A-2G-FINISH (upwind)

COURSE 4: START-1-1A-2G-1-1A-FINISH (downwind)

COURSE 5: START-1-1A-2G-1-1A-2G-Finish (Upwind)